**Camden County Resource Directory**

**Preventative Health Care Providers:**

**ECHO Autism**

*This network of providers virtually aids in finding autism and behavioral experts. The interdisciplinary team trains physicians, early interventionists, psychologists, and clinicians with specialized training in behavioral support, therapies, common medical and psychiatric concerns, and successful treatment plans. Through tele-mentoring, this is a resource that identifies medical and mental health providers knowledgeable in autism care in all areas.*

Focus of Services: Behavioral/Mental Health, Primary Care

Location: 403A Vandiver Drive, Columbia, MO 65202.

Area Served: Services are state-wide across Missouri

Website: <https://echoautism.org/find-a-professional/>

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**StationMD**

*This resource provides telehealth services nationwide. They provide 24/7 telehealth access to emergency medicine physicians to address non-life-threatening concerns, primary care through scheduled appointments, and behavioral health through scheduled Psychiatry and Psychology telemedicine appointments. StationMD was developed by emergency medicine physicians to deliver medical care to people with I/DD. All physicians have dedicated training in the disabilities area.*

Focus of Services: Health Maintenance, Behavioral/Mental Health, Chronic Conditions; Diabetes, Hypertension, Heart Disease etc...

Location: Telehealth services

Website: <https://www.stationmd.com/modmh/>

Phone: (908)-663-2929 ext. 830

Eligibility: Available to all individuals with IDD throughout Missouri under the Waiver Service

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**Medical Missions for Christ**

*This organization aids low-income clients get the healthcare they may not have access to or cannot afford. They offer a variety of health services including, Primary Medical Care, Basic Dental Services, Chiropractic Care, Prescription Assistance, Mammograms, Eye Care, Nutrition Counseling, Referrals, and Other Health Related Services.*

Focus of Services: Primary Care, Dental, Pharmacy, Vision, Nutrition, Mammograms, Chiropractic Care

Location: 1974 N. Business Rte 5, Camdenton, MO 65020.

Areas served: Across Missouri/Nation-wide

Website: <https://mm4c.org/>

Phone: (573)-346-7777

Eligibility (if applicable): Low income (under 200% of Federal Poverty Level, based on the size of household) and uninsured, underinsured, or those who are otherwise unable to access the care they need

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**Burrell Behavioral Health (BBH)**

*BBH provides a variety of comprehensive mental health support services to individuals of all ages. Services include counseling, crisis intervention, psychiatric evaluation, eating disorder treatment, and addiction recovery. An integrated clinic is also available, providing primary care and lifestyle modification treatment like weight management, diabetes, and smoking cessation. The organization offers services tailored for individuals from the LGBTQIA+ community, along with individuals with autism and IDD and reaches their services to residential communities. A 24-hour crisis line is also accessible.*

Focus of Services: Primary Care, Mental/Behavioral Health, Vaccinations, Diabetes Screenings, Chronic Disease Management, Diet/Nutrition Program, Housing Resource, Transportation, Caregiver support, Financial Resource, Employment/Vocational Training, Healthcare Benefits

Location: 3401 Berrywood Dr., Columbia, MO 65201.

Area Served: Southwest and Central Missouri

Website: <https://www.burrellcenter.com/locations/berrywood>

Phone: (573)-777-8300

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**Compass Health Network**

*Compass Health Network is a nonprofit health care organization that provides a full continuum of behavioral health services as well as primary and dental health services throughout Missouri. Resources and treatments for substance abuse disorder are available to work on specific needs of an individual and their family. Mental health crisis line 24/7 service is accessible.*

Focus of Services: Primary Care, Dental, Vision, Mental/Behavioral Health, Health/ Preventative Screening, Blood Pressure Screening, Vaccinations/ Immunizations, Bone Density/Osteoporosis Screenings, Diabetes Screenings, Chronic Disease Management, Nutrition Program

Location: 303 N Keene Suite 202 Columbia, MO 65201 and 64 other locations across Missouri.

Area Served: Missouri-wide

Website: <https://compasshealthnetwork.org/> (Accessible)

Phone: (844)-853-8937

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**Camden County Health Department**

*The county health department provides several preventative health care services like WIC programs, women’s health, and immunizations. They lend information about how to receive COVID19 vaccinations and boosters and offer a variety of health knowledge resources focused on substance abuse and chronic disease management.*

Focus of Services: Women's Health, Mammogram, Pap Smear, Flu Shot, COVID Vaccinations, Substance Abuse, Chronic Disease Management

Location: 1976 N Bus Hwy 5, PO Box 816, Camdenton, MO 65020

Areas served: Camden County

Website: <https://www.camdencountyhealth.org/>

Phone: (573)-346-5479

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**Central Ozarks Medical Center (COMC)**

*COMC's mission is to increase access to comprehensive primary and preventative health care and to improve the health care status of underserved and vulnerable populations. Services include telehealth, behavioral health, dental, women's health, primary care health home, chronic care management, etc.*

Focus of Services: Primary Care, OBGYN, Dental, Mental/Behavioral Health, Health Screening or Preventative Screening, Blood Pressure Screening, Flu Shot, Covid Vaccinations, Other Vaccinations, Diabetes Screenings, Mammogram, Pap Smear, Geriatric Care

Locations:

* **Camdenton Medical and Dental Center**

1652 N. Business Route 5, Camdenton, MO 65020
P (877) 406-2662 F (573) 346-7501

* **Eldon Dental Center**
407 E. 15th Street, Eldon, MO 65026
P (877) 406-2662 F (573) 316-9403
* **Laurie Medical and Dental Center**
Laurie Terrace Mall, 401 N. Main Street
Gravois Mills, MO 65037
P (877) 406-2662 F (573) 207-2773
* **Osage Medical Center**
3870 Columbia Ave., Osage Beach, MO 65065
P (877) 406-2662 F (573) 302-7895
* **Richland Dental Center**
304 W Washington Ave., Richland, MO 65556
P (877) 406-2662 F (573) 765-2513

Areas served: Camdenton, Eldon, Laurie, Osage beach, Richland

Website: <https://centralozarks.org/>

Phone: (877)-406-2662, For urgent health care needs after hours, call: (573) 348-8000 and ask for the COMC provider on call

Eligibility (if applicable): Insured, uninsured, and underinsured people are eligible for services

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**Preferred Family Healthcare**

*Preferred provides services to people with disabilities and barriers. Services are specifically based on individual’s needs and interests including, physical health and development, language and communication, social skills, health and safety needs, accessibility, and so on*.

Focus of Services: Social, Physical, and Cognitive Development

Location: 926 N Business Rt 5, Camdenton, Missouri 65020.

Areas served: Camden County and 70 other locations across Missouri.

Website: <https://pfh.org/>

Phone: (573)-346-2487

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**Behavioral Health Response**

*BHR provides confidential telephone counseling to people in mental health crises as well as mobile outreach services, community referral services, and critical incident stress management (CISM). BHR’s crisis hotline and mobile outreach services are provided free of charge to the public by paid professional staff who have master’s degrees in their respective behavioral science disciplines.*

Focus of Services: Behavioral/Mental Health

Areas served: Telehealth (accessible from anywhere)

Website: <https://bhrstl.org/>

Phone: (1-800)-811-4760 (Boone County Crisis Intervention Hotline)

 (314)-469-6644 (Local)

(314)-469-4908 (Office)

**Health Promotion Programs:**

**The Food Bank for Central & Northeast Missouri**

*This Food Bank provides nutritional food at no charge to nine partner agencies for individuals to collect. The partners include women’s shelters, transitional housing, senior centers and more.*

Focus of Services: Access to food, Nutrition

Location: 2101 Vandiver Dr., Columbia, MO 65202

Areas served: Central and Northeast Missouri

Website: <https://sharefoodbringhope.org/agencies/camden>

Phone: (573)-474-1020

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**Tri-County YMCA of the Ozarks**

*The mission of the YMCA is to put Christian principles into practice through programs that build a healthy spirit, mind, and body for all. Programs are designed for fitness and activities to help maintain a good physical, emotional, social, and spiritual well-being.*

Focus of Services: Fitness, Behavioral/ Mental Health

Location: 950 Airport Road, Osage Beach, MO 65065.

Areas served: Camden, Miller and Morgan Counties

Website: <http://www.lakeymca.org/>

Phone: (573)-348-9230

Eligibility (if applicable): Anyone who lives in Lake of the Ozarks area

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Focus of Services: Social, Physical, and Cognitive Development

Location: 926 N Business Rt 5, Camdenton, Missouri 65020

Areas served: Camden County and 70 other locations across Missouri

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Phone: (573)-346-2487

**Special Olympics Missouri - FUNFitness**

*FUNFitness is a program designed to help individuals with disabilities reach their fitness goals whether it’s being able to compete in a sport or a personal physical activity. Licensed physical therapists, assistant and students are available to provide a wide variety of services including assessing and recording information about flexibility, functional strength and balance.*

Focus of Services: Fitness, Education, Nutrition

Website: <https://resources.specialolympics.org/health/funfitness>

Areas Served: Pop up events across Missouri

Email: funfitness@specialolympics.org

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**Special Olympics Missouri - Fit5**

*Fit5 is a 6-8 week course geared to help achieve personal fitness goals through focusing on physical activity, nutrition, and hydration. The program aims for exercising 5 days a week, eating 5 total fruits and vegetables a day, and drinking 5 water bottles per day. The course is offered virtually and to individuals, workshops, group homes, etc.*

Focus of Services: Fitness, Education, Nutrition

Areas served: Virtual / Kansas City Area

Website: <https://somo.org/health/> , <https://somo.org/dpi-somo-take-fit-5-workout-virtual/>

Email: Dye@somo.org