Living Well in the Community

A program for people with disabilities:

- Set goals & get the support you need to achieve them
- Learn how to live your healthiest life

10 Weekly Group Sessions - Starting Soon!

\$50 GIFT CARD FOR ATTENDING ALL 10 SESSIONS



Tuesdays, March 14th - May 16th 2:00-4:00pm

Snacks provided & transportation services available!

Hosted by:



Contact: Michael Anderson

☑ michaelanderson@dcil.org

636.387.3857

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